

ECZEMOL® AS A TREATMENT OPTION

If you are experiencing the symptoms of moderate to severe eczema/atopic dermatitis, it's important to talk to your doctor. Your doctor may suggest Eczemol® as a treatment option.

Eczemol® is an effective natural mineral oral prescription medication indicated for mild to moderate eczema and atopic dermatitis. Taken orally as prescribed by a doctor, it attacks eczema at its internal source, stimulating the body's own recovery response to promote skin wellness from the inside out. Used regularly as prescribed by a doctor, it helps prevent future eczema flares.



- Dermatologist developed for his own patients
- Natural mineral ingredients help relieve outbreak, itching, inflammation
- Steroid Free
- Used regularly, helps prevent future flares
- Customized dosage dependent upon body weight – for optimal results
- Non-irritating, Non-Drying

Please see www.plymouthpharmaceuticals.com for Full Prescribing, Safety Information.



www.plymouthpharmaceuticals.com

Toll free: 844.566.2589 (Monday – Friday, 9 am to 6 pm EST)

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TALK TO YOUR DOCTOR GUIDE - ECZEMA/ATOPIC DERMATITIS

Partnering with your doctor is the first step toward clearer skin. It is important to track your symptoms and keep your doctor in the loop about how your Eczema/Atopic Dermatitis is affecting you.

CHECKLIST

Fill out this checklist every time you experience flares or other eczema discomfort. Keep a record.

SEVERITY OF OUTBREAK

Mild: _____

Moderate: _____

Severe: _____

Off the charts: _____

YOUR BODY

Cold and/or Flu: _____

Clothing: _____

Cosmetics/Toiletries: _____

Hormonal: _____

Juice contact: _____

Soaps/Body cleansers: _____

Stress: _____

Sunburn: _____

Sweating/ Rubbing: _____

Other: _____

ENVIRONMENTAL TRIGGERS

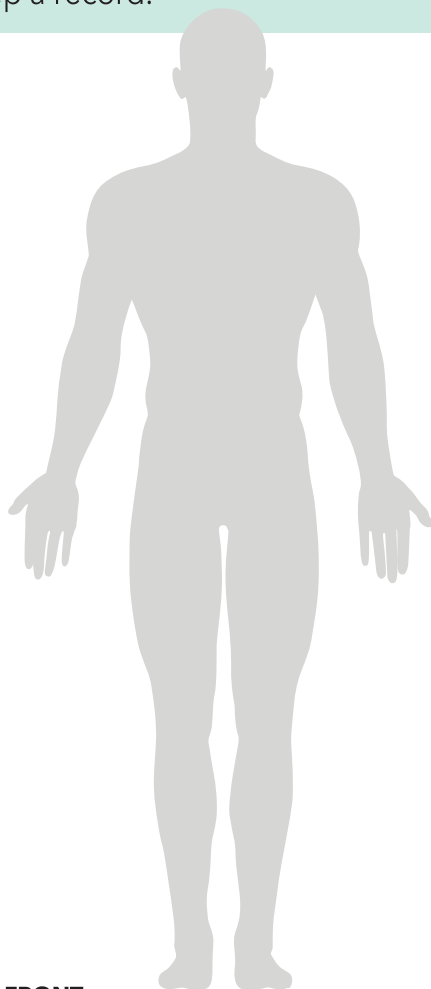
Cold, dry weather: _____

Low humidity/ dry weather: _____

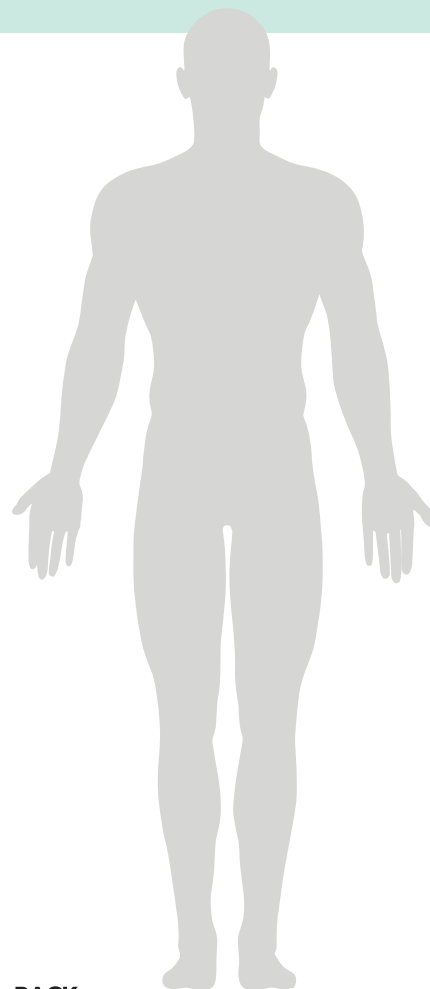
Smoke exposure: _____

Other: _____

ADDITIONAL COMMENTS



FRONT



BACK

YOUR DIET

Food allergies:

Acidic fruits/ vegetables: _____

Dairy: _____

Nuts: _____

Soy: _____

Shellfish: _____

Wheat: _____

Other: _____

LIFESTYLE/exposures

Air freshener: _____

Animal dander: _____

Dry cleaned clothing: _____

Dust mites: _____

New bedding: _____

New carpeting: _____

New cleaning/detergent: _____

Other: _____

This information is not intended to replace the advice and the examination of a physician.